

Send to  
Parents

## Aren't They Awesome?!

( see page 78 )

### Affirm our Teenagers

- Good-friend qualities
- Wise time management
- Financial discipline
- Spiritual passion
- Attitudes about circumstances they can't change
- Hopes and dreams for the future
- Sense of humor and fun
- Choice of friends
- Willingness to try new activities
- Promptness and punctuality
- Helping around the house and in the yard
- Appropriate fashion decisions



### Affirmation Principles

- Affirm character qualities.
- Affirm progress. Don't wait for perfection.
- Don't qualify your affirmations. No "buts."
- Make affirmation a conscious habit.
- Affirm as soon as possible after you see an action.
- Use a variety of affirmation methods:
  - spoken—compliments to them, compliments to others in their hearing
  - written—notes, screen-saver messages, e-mails
  - physical—hugs, pats, extra privileges