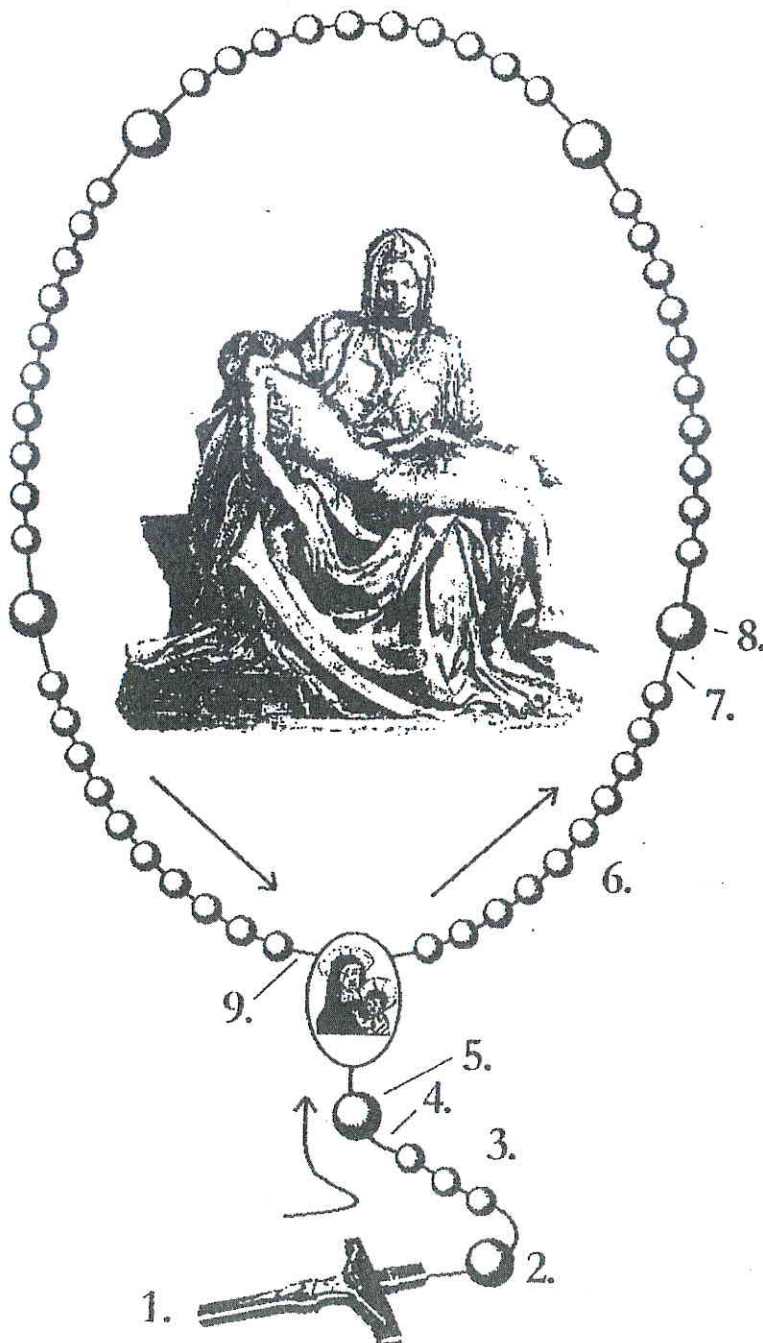


## How to pray the Rosary

- 1) Holding the crucifix, make the Sign of the Cross and recite the Apostle's Creed.
- 2) On the next bead, recite the Our Father for the Pope.
- 3) On each of the next three beads, say a Hail Mary for an increase in faith, hope and love.
- 4) After the three Hail Marys, recite the Glory Be on the next bead.
- 5) On the medallion or center bead, recall and consider the 1<sup>st</sup> Mystery and recite the Our Father.
- 6) On each of the next ten beads (a decade), recite a Hail Mary.
- 7) On the next, separate bead, say the Glory Be and the Fatima Prayer.
- 8) Starting on the same bead, repeat steps 5 - 7 for the next four decades.
- 9) It is customary to say the Hail! Holy Queen and the Memorare prayers. You may use the crucifix to make the Sign of the Cross; some people then kiss the crucifix to end the Rosary.



### *Joyful Mysteries*

Annunciation by Gabriel to Mary  
Visitation of Mary to Elizabeth  
Nativity of Jesus  
Presentation of Jesus in the Temple  
Finding Jesus in the Temple

### *Glorious Mysteries*

Resurrection of Jesus  
Ascension of Jesus  
Coming of the Holy Spirit  
on the Apostles  
Assumption of Mary  
Coronation of Mary

### *Sorrowful Mysteries*

Jesus' Agony in the Garden  
Jesus' Scourging at the Pillar  
Jesus's Crowning with Thorns  
Jesus Carrying the Cross  
Jesus' Crucifixion

### *Mysteries of Light*

Baptism of Jesus in the Jordan  
Self-manifestation of Jesus at the Wedding in Cana  
Proclamation by Jesus of the kingdom of God  
with His Call to Conversion  
Transfiguration of Jesus  
Institution of the Eucharist by Jesus

## PRAYERS OF THE ROSARY

### Apostle's Creed

I believe in God, the Father Almighty, creator of heaven and earth; and in Jesus Christ, His only Son, our Lord; who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried. He descended into hell; the third day He arose again from the dead; He ascended into Heaven, and sits at the right hand of God, the Father Almighty; from thence He shall come to judge the living and the dead. I believe in the Holy Spirit, the Holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen

### Our Father

Our Father, Who art in heaven, hallowed be Thy name; Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

### Hail Mary

Hail Mary, full of grace! The Lord is with you; blessed are you among women, and blessed is the fruit of your womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

### Glory Be (Prayer of Praise)

Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.

### Fatima Prayer

O my Jesus, have mercy on us, forgive us our sins, save us from the fires of hell. Lead all souls to heaven, especially those most in need of thy mercy. Amen.

### Hail! Holy Queen

Hail! Holy Queen, Mother of Mercy, our life, our sweetness and our hope. To you do we cry, poor banished children of Eve. To you do we send up our sighs, mourning and weeping in this valley of tears. Turn then, O most gracious advocate, your eyes of mercy toward us; and after this our exile, show unto us the blessed fruit of your womb, Jesus. O clement! O loving! O sweet Virgin Mary!

*Leader:* Pray for us, O holy Mother of God.

*Respondents:* That we may be made worthy of the promises of Christ.

### Memorare

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to Your protection, implored Your help or sought Your intercession was left unaided. Inspired with this confidence, we fly to you, O Virgin of virgins, our Mother. To You we come; before You we stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not our petitions, but in Your mercy, hear and answer us. Amen.

*Note: Respondents pray the bolded print, leaders the plain print.*

